

STAY RESPONSIBLE.



The Isle of Man Government's Long Term Framework for Covid-19

Foreword from Chief Minister Howard Quayle, MHK

As an Island, we should be proud of the way our community has responded to the Coronavirus pandemic which has now led to a current status of no active cases in the community.

The Isle of Man Government approached the easing of restrictions using a three stage approach - 'Stay at Home', 'Stay Safe' and 'Stay Responsible'. We are now at that third stage and we are asking you to 'Stay Responsible' as we continue to protect the vulnerable in our community from the threat of COVID-19.

Despite the lack of cases currently active in our community, we must still be vigilant and prepared to react quickly as an Island in the event of an increase in infections.

To ensure guidelines for our community are clear, we have introduced five Response Levels and our key actions are outlined in this document. As with 'Stay Safe', 'Stay Responsible' is only a framework and the situation will need regular review and dynamic decisions depending upon the overall local and global position.

By anticipating what may need to happen upon positive cases returning and increasing, our aim is to reduce the time taken to implement the next level of restrictions. In doing so we can limit the risk of transmission rather than going more heavily into lockdown and reintroducing measures that can prove challenging for our society and our economy.

I sincerely hope that we never need to use this framework in earnest, however, I believe in being prepared and I want to ensure we are all in a position to understand, and respond quickly and decisively, should the need arise.

The COVID-19 Response Level Scale



The COVID-19 Response Levels

Thanks to our community's adherence to Coronavirus safety guidelines, the current situation has facilitated our transition to Response Level 1 which allows the majority of restrictions for our community to be relaxed.

How to respond to the COVID-19 Levels

The undernoted table is a high level framework and is likely to change as the situation develops, and summarises each of the different levels so that we can all be prepared to transition again should the situation change. We need to be prepared to act if required to help protect our Island and community.

We will publish regular guidance showing what the next level of restrictions may be so that people and businesses can be prepared to move quickly should the need arise. The Isle of Man is currently at Response Level 1.

Key:

- ✓ No or very minimal restrictions in place to protect community.
- ! Significant restrictions in place to protect community.
- ✗ Maximum levels of restrictions in place to protect community.

Review and transition between levels as necessary

Broad Situation & Considerations		Health		Society					Economic								
		Health Services 	Care Services 	Social Distancing 	Gatherings 	Recreation 	Schools and Nurseries 	Transport 	All Employees 	Construction, Trades & Horticulture 	Services 	Retail 	Restaurants 	Lifestyle Treatments 	Tourism 	Pubs / Nightclubs 	
<div>0-5 Rolling 3 day average number of cases.</div> <div><ul style="list-style-type: none">Very low/zero virus circulating in community.Risk of imported cases remains (reduced by border controls).Self-isolation of arrivals and testing & contact tracing identifies sporadic cases and prevents wider spread.</div>	Level 1 Stay Responsible	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	CURRENT LEVEL	
		Visiting allowed Social distancing observed.	✓	No social distancing. All activities allowed with enhanced hygiene practices encouraged.					✓	All businesses operating with no social distancing. Enhanced hygiene practices for staff and customers encouraged. Businesses prepared to implement Level 2 requirements rapidly including contact tracing records and social distancing.							
	<div>6-10 Rolling 3 day average number of cases.</div> <div><ul style="list-style-type: none">Virus circulating in community.Number of cases is stable, increasing from Level 1 or decreasing from Level 3.Spread controllable by contact tracing.</div>	Level 2 Stay Safe	⚠	⚠	⚠	⚠	✓	✓	⚠	✓	✓	✓	✓	✓	✓		✓
			Limited visits. PPE worn at all times.	One metre social distancing. Limit of 30 people for outdoor gatherings. Limit of two visitors inside households. Schools & Nurseries open as per Level 1 with optional attendance. Public transport normal services with social distancing.					All businesses operating with one metre social distancing. PPE considered in high risk areas. Contact records held for visits. Enhanced hygiene practices for staff and customers encouraged.								
<div>11-20 Rolling 3 day average number of cases.</div> <div><ul style="list-style-type: none">Sustained spread of virus within community.Number of severe infections putting strain on health & care services.Spread not fully controllable by testing & contact tracing.</div>	Level 3 Stay at Home	✗	✗	⚠	⚠	✓	⚠	⚠	⚠	⚠	⚠	⚠	⚠	⚠	✗		
		No visitors. PPE worn at all times.	Enhanced social distancing at all times. Limit of ten people for outdoor gatherings. Limit of two visitors inside households. Restrictions on recreational activities. Schools & Nurseries implement some level of physical distancing. Public transport limited services.					All businesses operating with enhanced social distancing. Homeworking encouraged where possible. PPE considered in high risk areas. Contact records held for visits. Enhanced hygiene practices for staff and customers encouraged. Pubs/nightclubs closed, and high risk activities restricted.									
<div>21+ Rolling 3 day average number of cases.</div> <div><ul style="list-style-type: none">Local transmission present.Number of new cases is doubling rapidly.Likely to overwhelm health & care services.Likely to overwhelm testing & contact tracing.</div>	Level 4 Lockdown	✗	✗	✗	✗	✗	✗	✗	✗	⚠	⚠	⚠	✗	✗	✗	✗	
		No visitors. PPE worn at all times.	Enhanced social distancing at all times. No gatherings outdoors or indoors. Recreational activities limited. Schools & Nurseries and public transport closed. Essential journeys only.					Construction and essential retail operating with enhanced social distancing. Homeworking required where possible. Restaurants and hospitality businesses open for takeaway only. Lifestyle treatments, tourism and pubs/nightclubs closed.									

Border Controls

Our borders remain our first line of defence from importing unacceptable levels of the virus and we are likely to need some form of border restrictions and controls for some time to come. The Council of Ministers is clear that our ability to open up the internal economy without restrictions depends on keeping any risk of importing the virus low, and having our ability to contain it very high.

Managing the borders can be complex and difficult. The Council of Ministers understands the pressures in the economy to increasingly allow skilled workers the opportunity for essential travel and the need for Island residents to be able to visit loved ones and close family. In recognising these pressures, the Council of Ministers nevertheless need to keep border movements to an acceptable level of risk.

The ultimate goal is to return to unrestricted movement across our air and sea links. The Council of Ministers will review the overall situation at least every two weeks. As the broader position changes in the UK, Ireland and further afield, we will seek to find the right balance that allows as much flexibility in border controls for our people and our businesses while minimising the levels of risk this may bring.

What actions are your Government taking to be prepared?



Test

Testing continues to be available for everyone with symptoms. We will routinely test a number of groups of asymptomatic people to see whether the virus is continuing to circulate on Island. We are also rolling out a programme of antibody testing to see how many residents have been infected since the start of the pandemic.



Trace

The Contact Tracing team identify close contacts of confirmed cases so that they can self-isolate to manage the spread of the virus and control sporadic cases. This team will be ready to respond to any outbreak and will act quickly in identifying the source to ensure the protection of the broader population.



Act

We will constantly monitor the overall position, both globally and locally, and be ready to adapt our response rapidly and flexibly, as the situation demands. We will also actively require self-isolation for travellers and for those identified as high risk contacts of positive cases.

How you can Stay Responsible

1. If you're ill, stay at home. Don't go to work or school. Don't socialise.
2. If you have Coronavirus symptoms, stay at home, call the COVID-111 line and ask about testing.
3. Continue to wash your hands frequently for the recommended 20 seconds.
4. Continue to sneeze or cough into a tissue or your elbow and regularly disinfect shared surfaces.
5. If you are told by health authorities to self-isolate you must do so immediately.
6. If you're concerned about your well-being or have underlying health conditions, work with your GP to understand how best to stay healthy.
7. Keep track of who you have seen and where you have been in case you need to access this information for the contact tracing team.
8. Remain vigilant. Our community's efforts have given us an Island that is as safe as it possibly can be, however COVID-19 continues to circulate in most of the world, meaning there remains a risk of further cases here. Stay prepared to reintroduce restrictions if required. Stay Responsible.

Help stop the spread of Coronavirus

If you need to cough or sneeze, remember:



Catch it

with a tissue or the crook of your elbow.



Bin it

by putting the tissue in a bin



Kill it

by washing your hands with soap and water or hand sanitiser

